



# EDMONTON (HOST) LIONS Club Newsletter

President:  
**Blair Ching**

Past President:  
**Fr. Jim Holland**

Secretary:

**Terry Kozma**

Treasurer:

**John Rudyk**

3rd VP:

**Lois Spears**

Directors:

**Darcy Knoll**

**Bernie Guzin**

Membership

Chairman:

**Harry**

**Anderson**

Leadership:

**Greg Holmes**

Tail Twister:

**Marshall**

**Kachmar**

Lion Tamer:

**Lois Spears**

**Marshall**

**Kachmar**

Service:

**Anthony**

**Harychan**

Newsletter

Editor:

**Blair Ching**

bd.ching@shaw.ca

## The Alberta Lung Association Called!

The Alberta Lung Association needed help with their Breathe of Life Event. The Edmonton Host Lions Club answered the call.

The **Edmonton Host Lions Club** served up hot dogs and drinks at the future site of the Alberta Lung Association Breathing Space House on Friday, July 23. Once built, it will have 36 suites to house people who are in need of lung transplants. The Lung Association's Breathing Space will be the first facility of its kind in Canada. It will provide a sanctuary for lung transplant patients and their families, giving them much-needed "breathing space" in their fight to regain their strength and vitality.



← **Lions Greg (L) and Janet (R)** get the grill ready to serve the hungry walkers.

- The Lung Association's Breathing Space will be the first facility of its kind in Canada.

- Financial stress on families is tremendous and some choose death over financial ruin.

- Edmonton's transplant program is ranked 2nd in Canada and 6th in the world.
- One in 5 Albertans and one in 5 Canadians are living with lung disease.
- 77% of transplant patients live outside Edmonton and surrounding areas.
- Patients experience a significant amount of stressors causing their mental health to be at risk.





← Ace hot dog slinger, **Lion Benaron** threw a few tube steaks on the grill in anticipation of hungry visitors.

## Central Lions Seniors Association Welcome Back BBQ



The Edmonton Host Lions Club is planning on hosting a welcome back BBQ for the Central Lions Seniors Association at the end of August. If you are interested in helping out with this event contact **Lion Greg** or **Lion Anthony**.



## Tree Planting Rescheduled

Due to excessive smoke, the tree planting planned for the end of July was rescheduled to Saturday, September 25 from 1 to 3:30. On the plus side, instead of only being allowed to bring 10 people, our club is now allowed 30. If you are interested in taking part, contact **Lion Anthony** or **Lion Harry**.



## Our Thanks to Lion Anthony

# COBS BREAD

Our thanks to **Lion Anthony** for taking over bread delivery to Hope Mission from **Lion Bernie** for the month of August. The bread is donated at the end of the day by Cobbs bakery downtown and delivered to the Hope Mission by our club.

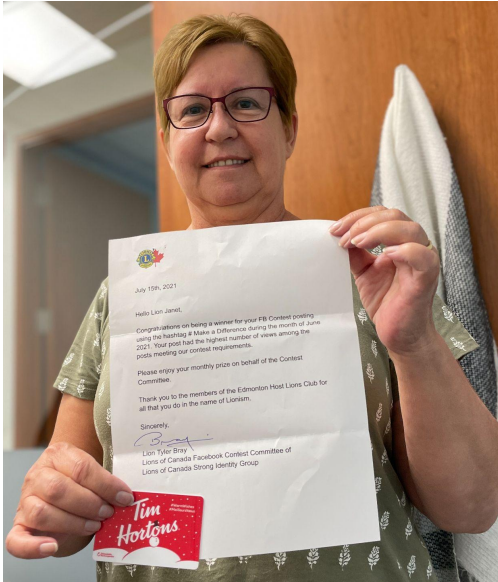
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**“Don't be pushed around by the fears in your mind. Be led by the dreams in your heart.” — Roy T. Bennett, The Light in the Heart**

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# Facebook Prize Winner!



**Lion Janet** enter the Lions Facebook Contest using the hashtag # Make A Difference during the month of June. **Lion Janet** created a Facebook post for our club that had the highest number of views among the posts meeting the contests requirements. The Lions of Canada Strong Identity Group sent **Lion Janet** a gift card to Tim Horton's celebrating her success.

## Lions Care Kits Expansion

At the July Club board meeting, **Lion Janet** outlined plans to expand handing out Lions Care Kits. The two new locations that are planned are St Faith's Anglican Church on 11725 - 93 St. (<https://stfaithsanglican.org/>) and the **Ihuman Youth Society** at 9635 – 102 A Ave.

St Faith's Anglican Church mission is “to honour and uphold the dignity of each person we meet, to combat loneliness, and to build community and journey together in reconciliation and peace.”

They make and serve about 100 meals each Thursday, Friday and Saturday. They also provide meals to John Humphreys Centre whose volunteers distribute meals directly to homeless and vulnerable people on the streets. In 2020, they also partnered with the Creating Hope Society who delivered meals to Indigenous elders and with the EPSB - Spruce Avenue School, Prince Charles School - to provide meals to families when children were online learning and not able to access school meals programs.

**Lion Janet** tells us they will let us set up a table during their meal service to hand out our kits when they resume in September. Before Covid meals were held Thurs 11-11:30, Friday 5-6:30, Sat 9-10:30. We would like a couple of club members to hand out kits maybe every second week at one of the meal times.

Ihuman Youth Society (<https://ihuman.org/>) is the second location that has been chosen. They support youth aged 12-24 navigating complex systems such as housing, transportation, mental health, justice, financial assistance and medical care. They support youth impacted by poverty, intergenerational trauma, addiction, mental health, abuse, racism, discrimination and exploitation. Over 500 youths between 12 -24 years of age access them every year, 80% of whom self-identify as indigenous. While they provide free access to service and programs, they are not a drop-in centre – youth actively engage in determining their individualized journey through their resources and they guide how they can be supported. They have been operating since 1977.

They are very willing and could use 50 – 100 Lions Care Kits a month. **Lion Janet** notes that there is no opportunity for us to distribute kits, but Ihuman staff will hand them out as people come in. All kits handed out will have the **Edmonton Host Lions Club** label on them.



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**“Pursue what catches your heart, not what catches your eyes.” — Roy T. Bennett**



# Our Newest Club Member



**Lion Robin Sample** - I am pleased and proud to be accepted as a member of the Lions Club. I have absolutely enjoyed the many serving opportunities over the years and love the camaraderie amongst the Lion volunteers. I believe being kind and friendly encourages all those we serve and it is my desire to bring that every single time!

I have worked in the financial services industry for 35 years, between various financial institutions and advisor offices. My role has always been customer service and support which I am passionate about!

I have 2 wonderful daughters, Taylor and Tori, who I am hoping will get involved with volunteering opportunities in the future. They have both volunteered with me at the Edmonton Food Bank recently but we desire to serve people directly.

I love being sociable and active, travelling and adventure! Thailand, Vietnam, Australia and New Zealand the farthest destinations so far, camping and hiking in the Grand Canyon and sky diving and scuba diving likely the most memorable adventures! It had been my plan to take my youngest daughter Tori on an international volunteer opportunity with an extended holiday, but that was halted due to covid. Hopefully we will be able to do that within the next year.

Thanks to all who have encouraged me to become a Lion and thanks to **Lion Blair** for being my sponsor. I'm looking forward to serving with you all

## Club Dues

Club Dues have been set for the year.

Club membership dues are due. Edmonton Host Club members can pay the \$125.00 yearly membership via two methods.

By cheque payable to the Edmonton Host Lions Club mailed to our incoming treasurer **Lion John (Santa) Rudyk**:

John Rudyk  
16112 86 Ave NW  
Edmonton, Alberta  
T5R 4C7



or via Square by clicking on the link below.

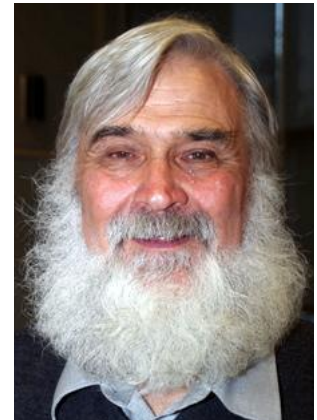
[Pay EHLC 2021 Dues](#)

Square accepts Visa, Mastercard, American Express and debit cards.

If you have any questions you can contact Lion John at:

email: [jrsr@chukchi.ca](mailto:jrsr@chukchi.ca)

Phone: 780-686-4438



# Club News



1. Over the last 12 years the club has donated over \$400,000.00 to Camp He Ho Ha.
2. We will be donating \$3,000.00 to the Terra Centre via the Lions of Edmonton Foundation.
3. Serving of meals and Lions Care Kits at the Avenue Community Center will resume in September.
4. The club membership committee now consists of **Lions Harry, Donna and Emille**.
5. The requirement by AGLC for a minimum 20% prize rule has been removed for online raffles.
6. **Lion Robin Sample** was officially inducted into our club by **DG Melodie Franko** at our last meeting.
7. **Lion Greg** reported that the Lions Village of Greater Edmonton Society has helped provide housing for over 1,000 seniors since it started.
8. **Lion Janet** reports that she has won the 100 Service Stories Facebook Contest for June.
9. At the last club meeting **Lions Larry and Harry** ran the AGM for Lions of Edmonton Foundation
10. **Lion Shirley** reports that **Lion Don Howden** is recovering from surgery.
11. **Lions Anthony and Bernie** are looking at setting up an Extreme Heat Team. This team would spring into action handing out water and food when there is an extreme heat warning.
12. **Lion Marshall** reports that he is the interim chair for The North Saskatchewan Valley Foundation (**Lions Kensington Court**) and Michelle Nash is their new property manager. Their AGM will be in September.
13. **Lion Harry** was able to supply **Lion Oluseyi** with Lions memorabilia to take with him on his visit to his home country in Africa.
14. Plans are underway to move the club archives from the basement of Central Lions. **Lion Prashant** has volunteered to head up the archive move committee. The move is planned to take place between now and November.



## In Person Club Meetings Resume

Starting with our next meeting on **Thursday, August 19 at 6 pm** we will be going to in-person meetings again in the **Solarium at St. John's Cultural Center**. We will be doing a combination of in-person / Zoom meetings following AHS guidelines at that point.

- Our meetings will remain being held on the first and third Thursdays of the month.
- The meetings on the first Thursday of the month will be a lunch meeting
- The meetings on the third Thursday of the month will be at 6.
- Each in-person meeting will feature a meal. Zoom participants are on their own for food.
- While there has been an increase in costs, meals will remain at **\$15.00 per person**.



Our thanks to **Lion Marshall** for his work on pricing.

## Updated- Club Membership List

**Lion Larry** has taken over and updated our club membership booklet. He has done a fantastic job. Copies can be downloaded from the club membership page. The password can be obtained from **Lion Secretary Terry** or **Lion President Blair** (or any board member). [Link to Club Members Page](#)



## Submitting Hours



Remember to submit the hours on Lions related activities you worked each month to **Lion Janet** or **Lion Shirley**. **Lion Janet** will compile them and send them to Lions International. In submitting hours, the following information is helpful for them to know:

- The activity you participated in
- Number of hours you volunteered
- The number of volunteers at the event
- If possible, the amount of funds /raised or donated
- If possible, the number of people served and/or outcome of the event
- The location of event and date and time of the event



**Note:** Administrative hours also count as volunteer hours

NSVF, LVGES, LCOEF attendance at those meetings count as time volunteered and can be recorded.

## SERVICE HOURS REPORTED



**Lion Janet** reports that these are the total of service hours that she has recorded for our club since the New Year.

January - 632 hours  
March - 634  
May -615

February - 857  
April - 669  
**June 713**

**Our total metrics for the year July 1, 2020 to June 30/21 year were:**

**People Served - 27,861**

**Service Activities Completed - 220**

**Volunteer Hours - 6890**

**Funds Donated - \$3879.00 USD - This amount does not include LCIF contributions**

**Funds Raised - \$4678.00 USD**

**Lion Janet**

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**“We are what we repeatedly do.  
Excellence, then, is not an act, but a habit.” – Aristotle**





# TRUTH, RUMOURS & FAKE NEWS!

In this time when people are talking so much about fake news we thought we would take the time to clear up some of the rumours and stories that have circulated about EHLCL members. We have put together some of our own lies, half-truths and out and out whoppers.



**Lion Benaron** - The reason they call it an “empty nest” is the day after your kids leave you find 18 years worth of charging cables in a single giant wad.

**Lion Joy** - I don't want my damn refrigerator connected to the internet. It has one job.



**Lion Greg-** I've decided to answer all my wife's questions with "Because I'm an idiot." It brings our interactions to an immediate and merciful end.

**Lion Jessica** - Being a little weird is just a natural side effect of being awesome!

**Lion Al Johnson** - Never laugh at your wife's choices. You're one of them.

**Lion Rachel** - Watch Titanic backwards and it's the feel-good story of a ship that rescues a bunch of drowning swimmers and takes them on a dream cruise.



**Lion Patti** - My husband has picked up enough Spanish to be wrong in two languages.

**Lion Marshall** - You know you've mastered marriage when you ask your spouse to hand you “that thingy” over there and they know exactly what that means.

**Lion Lois** - When I said I was cleaning, I was polishing off two bottles of wine.



**Lion Oluseyi** - Before having kids ask yourself “Do I enjoy having a nice cold glass of water all to myself?”

**Lion Blair** - My favorite childhood memory is having energy.

**Lion Larry** - When my wife says I can do something at my earliest convenience, she means hers.

**Lion Selwyne** - Parenting Tip: Never allow your child into your bed with any item that you wouldn't like to be hit in the head with repeatedly.

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**“It's not the load that breaks you down, it's the way you carry it.” – Lou Holtz**

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## Lion Patti 2nd International Vice President Lions Clubs International

Dr. Patti Hill was elected to serve as International 2nd Vice President for the International Association of Lions Clubs in 2021. Follow this page to learn more. [Dr. Patti Hill 2nd International Vice President](#)



Lions Patti Hill and Wendy Carter wishing Lion Andrea KJ Stevenson a happy birthday in 2017.



← Lion Patti working at  
“An Underwear Affair” in  
2014.

Lions Patti and Greg  
serving food at one of the  
monthly Edmonton Host  
Lions Club Inner City  
Luncheons -->





## Harry's Corner From the Archives

**Lion Harry** has dug down in the Host Lions Archives and has come up with an interesting item or two from the past of the Edmonton Host Lions Club.



← **Lion Selwyne** officially joins our club in 2018.



**Lion Ed Trott** (center) is recognized in 2017 for his 50 years of service as a Lions Club member. (above)



← **Lion Jessica** awards **Lion Rachel** her Melvin Jones Fellowship in 2017

**“You’ve got to get up every morning with determination if you’re going to go to bed with satisfaction.”**

**– George Lorimer**





## Tax Receipts Available

Tax receipts are available for all donations to the Lions Canada Fund for LCIF. It should be noted our own **Lion Patti** is the secretary for the Lions of Canada Fund ([Incorporation Information](#)). For more information you can click on [LIONS OF CANADA FUND](#). To make a donation you can go to [Lions of Canada Fund Donations](#).



## Eyeglass Collection

One of Lions Clubs International  
Service pillars is VISION.



Would all EHLC members keep collecting eyeglasses? Please **advise Lion Harry** of the Company(s) being served, a contact name(s) and number(s) if available.

Thank you.

**Lion Harry Anderson**  
[harryand@telus.net](mailto:harryand@telus.net)

**Lion Greg Holmes**  
[liongholmes@hotmail.com](mailto:liongholmes@hotmail.com)

## Check It Out -> Club Links



[EHLC Photo Album](#)

**Links of Note:**

**Our Club Website at:**  
[Edmonton Host Lions Club Website](#)

**Our Club Facebook Page at:**  
[EHLC Facebook Page](#)

**Our Club Instagram:**  
[EHLC Instagram](#)

**Lions of Canada Website**  
[lionscanada.ca](http://lionscanada.ca).

**Lions Village of Greater Edmonton  
Society Website at:**  
<http://lionsvillage.com/>

**The Five Pillars of Lionism**  
**Diabetes - Vision - Hunger -**  
**Environment - Childhood**  
**Cancer**

